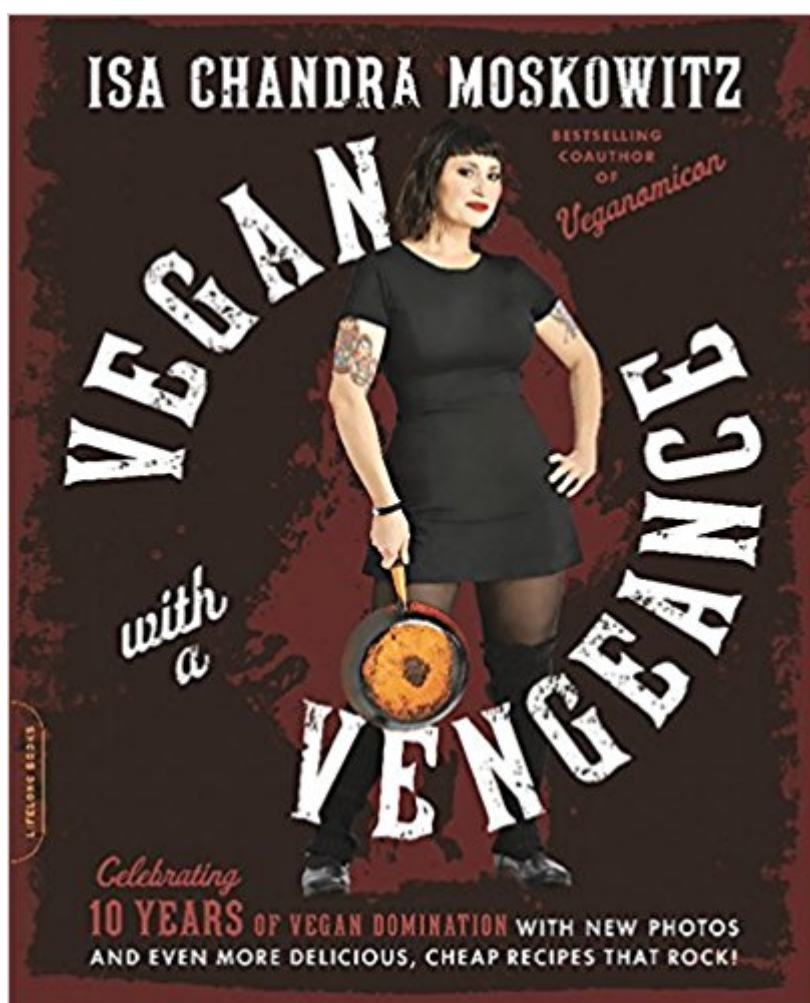


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# Vegan With A Vengeance, 10th Anniversary Edition: Over 150 Delicious, Cheap, Animal-Free Recipes That Rock



## Synopsis

More Vegan. More Vengeance. More Fizzle. Ten years ago a young Brooklyn chef was making a name for herself by dishing up amazing vegan meals—no fuss, no b.s., just easy, cheap, delicious food. Several books later, the punk rock priestess of all things tasty and animal-free returns to her roots—and we're not just talking tubers. The book that started it all is back, with new recipes, ways to make those awesome favorites even awesomer, more in-the-kitchen tips with Fizzle—and full-color photos of those amazing dishes throughout.

## Book Information

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## Customer Reviews

Manhattan Book Review, 7/24/15; Readers who already have a tattered copy of the original will love the simplified directions and shortened ingredients lists; New readers will fall in love with Moskowitz's accessible and flavorful style of vegan cooking, not to mention the pages and pages of mouthwatering photographs. • Lisa's Project Vegan, 7/31/15; A memoir meets how-to-be-an-activist meets awesome recipes that are easy to make and not intimidating at all; If you don't have the original, get the new one. You will not be disappointed by the quality of this book. It is easy, delicious vegan cooking. • PETA Prime (7 Must-Have Vegan Cookbooks), 8/31/15; This updated edition of Isa's classic cookbook includes a new foreword, new tips and tricks, and, of course, delicious new recipes—for BLT Mac & Cheese, Creamy Red Chard Linguine, Savory CrÃapes, Cranberry White Chocolate Biscotti, and more. • Nashua Telegraph, 9/24/15; Moskowitz is a wonderfully loquacious blogger and

self-taught cook whose kitchen know-how seems to come from manic experimentations, often with fellow vegan mavens. She aptly describes *Vegan with a Vengeance* as “cheap recipes that rock.” The fast-food style might be just the thing for vegans prone to long stretches between meals. •Portland Book Review, 9/30/15; A beautifully produced vegan cookbook. It’s a pleasure to leaf through its colorful pages and the striking professional food photographs; *Vegan with a Vengeance* is filled with a large number of good recipes from Brunch, through Soups and Entrées to Desserts; If you are new to vegan cooking this cookbook is a good starter in your kitchen. The recipes are well written with nice head notes, instructions are not hard to follow and ingredients are readily available. •Omaha Magazine, September/October 2015; Features “cheap, easy, and delicious vegan food.” •The Missoulian, 10/18/15; This cookbook is not just for vegans. If you have dairy or egg intolerance, or if you have friends that are vegetarian or vegan, *Vegan with a Vengeance* will be worth a look through for recipes to accommodate them; [Moskowitz’s] section on tools and pantry are great resources for all. •Well + Good, 10/25/15; Prov[es] that plant-based dishes can be bad-ass, too. The second edition maintains Moskowitz’s fresh (and cheap) approach and includes 25 new recipes, simplified directions and ingredient lists, and a guide to “The Post Punk Pantry”; i.e. everything you’ll need to make vegan cooking your cool new BFF. •Examiner.com, 6/25/15; Mouth-watering, creative recipes; With simplified directions, streamlined ingredients and added tips and tricks, this anniversary edition completes the vegan cooking experience. •Sand and Succotash, July 2015; While it has many new recipes in the new book, the core feel is still the same “that cooking is fun and shouldn’t be complicated. Especially if you’re vegan”; Over 150 recipes, gorgeous food photography, and great tips throughout; Overall, an excellent cookbook, and if you are new to Isa Chandra Moskowitz’s take on vegan cuisine, you’ll be very satisfied. She practically invented modern and delicious vegan cooking. •Hudson Valley News, 7/10/15; [Moskowitz] makes even kale look good. •InfoDad blog, 7/9/15; The actual recipes in *Vegan with a Vengeance* are generally good ones, and usually simpler than comparable ones in the first edition of the book; Committed vegans will actually find the ideas here simpler than those in many other vegan cookbooks. Muffins, scones, finger foods, pastas, main courses, cookies, cakes and pies; all these and more are here, mostly in reasonably easy to follow recipes; The variety here is extensive and impressive, and even committed vegan cooks are likely to find a few recipes here that they have not tried before. •

Born and raised in Brooklyn, Isa Chandra Moskowitz began her vegan cooking journey over two decades ago. In 2003, she created the Post Punk Kitchen community access TV show to give vegans something to watch. In conjunction with the show, she also started the PPK website to foster an online vegan cooking and baking community. Since then, she has authored and co-authored several vegan cookbooks, including *Veganomicon* and *Isa Does It*. Her latest adventure was opening a vegan/vegetarian restaurant, *Modern Love*, in June 2014. [@IsaChandra](http://theppk.com)

Is saying *I Love It* a cheat because I loved the first one? I say no, since this isn't just a redux of the original but a definite improvement (and not just because the cover is much snazzier). Moskowitz not only added some goodies from her other books (Pumpkin Cheesecake with Praline Topping deserves to be published twice), she also added some delicious looking photographs (ah, that's what the Pomegrante Tofu is supposed to look like, and mmm, the Mashed Potatoes with Chickpea Gravy looks even better than I'd thought). What's more important is what she took away, namely the laundry list of ingredients which were featured in her first book. Don't worry, there's still plenty of ingredients in *Black-Eyed Pea Curry*, but the others are somewhat shortened. More importantly, you feel like you have a little more permission to scale down in this release if you don't happen to have everything she lists. Highly recommended that everyone who had the original replaces their copy immediately.

Isa rocks, she can do no vegan wrong with her cookbooks. I had an old copy of *Vegan With A Vengeance* a LOOOOONG time ago, but lost it, so I was happy to have this one again and there are new recipes. The photos are gorgeous and everything she makes is good. So far I've only made the BLT Mac and Cheeze but it was AWESOME.

I use this cookbook constantly! It would be a great place to start if you're new to vegan cooking. I usually skip the info in the front of cookbooks, but it's one of the best parts of this book. And of course every single recipe is great and easy to customize to your own liking.

I can probably count on one hand the number of recipes in Isa's cookbooks that I didn't care for. This book is no different! Everything we have tried thus far is great. You won't be disappointed.

I am having so much fun trying these recipes. I have many of her other cook books and this is even better. I feel like I am cooking with a friend who is fun to be with and cares about me. I tried the

Breakfast Lentil Chorizo and have finally found a great replacement for SoyRizo. I had fazed that out months ago as I am eating less soy and working toward making my own more healthful and cheaper vegan staples. It is SO tasty in a burrito with beans and spinach. I will be trying the Asparagus & Sun-Dried Tomato Frittata with the Fresh Corn Fritters for Sunday Brunch. I am sure it will be as good as the Shiitake Dill Frittata from her brunch cook book, that I have served to RAVE reviews from friends who are not vegan. Isa Moskowitz is a sure bet for a great cook book.

amazing. I'm a terrible cook but I can follow these recipes n as well as customize it without ruining anything.

I'm going to start by clarifying that I am not vegan; I am a vegetarian trying to eat healthier which basically means I want to cut back on my cheese consumption. I've bought several vegan cookbooks over the years and found out they're nothing to write home about; that's probably because I've never gotten one of Isa Chandra Moskowitz' books. This is the 1st book I've gotten from Isa and oh yeah, it is so worth it! Granted I've only made 2 recipes in the 3 days I've had this book but both turned out perfectly and soooooooo flavorful! I am so looking forward to trying so many of the recipes in this book because they look simply delicious and fairly easy to prepare. This may be the book that helps me make the transition to a vegan diet.

Some of print hard to read. not impressed with these recipes. Most did not seem to be healthy recipes.my opinion only

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